

## Press Release Lanserhof Tegernsee

Healthcare, indulgence and regeneration

... The Lanserhof Tegernsee focuses on the personal needs and demands of each hotelguest regarding health, time for prevention and regeneration. Therefore, it was neccessary to create a suitable place where the guest can find a quiet and secluded atmosphere to refuel health and gather new strenghts ...

Christoph Ingenhoven

## Project description:

The new Lanserhof Tegernsee – the most modern prevention and regeneration center in Europe – in Marienstein at Lake Tegern, one of the large lakes in the Bavarian Alps, was opened in January 2014. Following the footsteps of Lanserhof in Tirol, Austria and Lans Medicum in Hamburg, Germany, Lanserhof Tegernsee holistic health resort in the German Alps is setting new standards in combining health, enjoyment and hospitality. Spread across 21,000 m², the new center for health provides an extraordinary amount of space for guests. The heart of Lanserhof Tegernsee is a 5,000 m² large treatment area providing a broad spectrum of diagnostic, therapeutic and cosmetic programs, all based on the successful LANS Med Concept. The 70 exclusive rooms and suites are a refuge of relaxation for the guests. They are all spaciously designed with plenty of space for tranquility and privacy.

The design of the whole resort by Ingenhoven architects is refined and timeless, with elegant shapes and soft colors. Lots of white and natural materials help to underline the approach of Lanserhof – to be healthy and stay healthy. The design is all about the essentials to create a space for rejuvenation and regeneration.

The hotel Lanserhof is 80 by 80 meters in size and follows a classic floor plan of a courtyard building layout with a patio and the basic intention of a cloister. The courtyard facades of the room floors, just like the roof, are planted. The internal courtyard plays a significant role in the overall design. The inward-oriented hotel blends with the landscape and is a retreat for relaxation, recuperation and re-energization. The heart of the new resort is the lavishly designed medical area with treatment, consultation and exercise rooms equipped and furnished to the most modern standards. In addition, the newly designed bath house with sauna area, outdoor pool, exercise and yoga room as well as the secluded inner garden are all areas of tranquility and relaxation. Beside the medical treatment area a fireside lounge, library, restaurant, meeting rooms and VIP rooms complete the concept of an exclusive hotel.

The design of every room and suite - the smallest is 50 m² in size - is orientated equally to the latest know-how in health, the hotel will set as well in ecological as in biological aspects new standards and provide best living conditions. Generous loggias with a panoramic view of the mountains and lake, natural light and appealing interior lighting provide the guest with the ideal ambience for privacy. The large roof-top terrace provides an exclusive view of the natural surroundings. The resort is completed by a golf hotel and golf course which will complement the multi-faceted activities in one of the most highly valued tourist regions of Europe.

ingenhoven architects is responsible for the landscape, architectural and the interior design of the project.

Architect ingenhoven architects, Dusseldorf

www.ingenhovenarchitects.com

Location Marienstein, Lake Tegern (Germany)

Design Team Team ingenhoven architects:

Christoph Ingenhoven, Thomas Höxtermann, Bibiana Zapf, Moritz Krogmann,

Ursula Koeker, Barbara Bruder, Lorena Büdel, Silvia Kalisch, Dorothée Valenzano, Katharina Kulpa, Vanessa García Carnicero, Lutz Büsing, Anette Büsing, Cornelia Piecek, Georg Vahlhaus, Darko Cvetuljski, Sara Bayan,

Michael Deckert

Client Lanserhof Marienstein GmbH

Gut Steinburg 1 - 4

83666 Marienstein/Waakirchen

Full adress Lanserhof Tegernsee

Gut Steinburg 1 - 4

83666 Marienstein/Waakirchen

Germany

GFA 21,000 sqm

Year completed January 2014

Photographs ingenhoven architects / Photos: H.G. Esch, Hennef

## **Collaborations**

Structural Engineering

Dr. Binnewies Ingenieurgesellschaft mbh

Facade Consultant DS-Plan AG, Stuttgart

Ecologically Sustainability Design DS-Plan / ingenhoven architects

Fire Protection

HHP Ingenieure für Brandschutz

Acustic

Müller BBM GmbH

Electrical Services Adenbeck GmbH

**Lighting Artificial** 

**Tropp Lighting Design** 

Landscape Architecture ingenhoven architects /T17 Landschaftsarchitekten

Project Management MALOJER Baumanagement GmbH & Co.

## **Main Interior Fit Out Contractors**

Rooms: Hagenauer GmbH, Immenstadt, Germany Public areas: Wetscher GmbH, Fügen (Austria, Tirol)

Medical treatments and bathhouse: Rudolf Bachhuber GmbH & Co. KG, Pocking, Germany