



New York, NY—[Frederick Tang Architecture](#) (FTA) has transformed the top floor of a 12-story, 1901 mercantile building in SoHo into the light-filled, color-driven home of [MOXI](#), an acupuncture and wellness studio. A striking oval skylight informs a new, softly curving atrium at the studio's center, from which treatment rooms radiate. Throughout, organic materials like light woods, stones, and ceramics complement a color scheme of cypress green, copper, terra cotta, and peach, all chosen for their calming effects. The project marks FTA's first work in the health and wellness space.

Acupuncturist and integrative health clinician Lisa Sumption, founder of MOXI, approached FTA to update and reorganize the previously open-format space to accommodate a reception area, six treatment rooms, offices, bathrooms, herb dispensary, and pantry. In response, the new plan uses existing apertures to arrange programs within the rectangular layout. At the street-facing front, an entry door opens into a large, flexible reception area lined with four arched windows that fill the room with light and reveal sweeping views up Broadway. To maximize space and take full advantage of the natural light, this area doubles as a site for gatherings and classes. "Beyond the pragmatics and technical requirements of wellness treatment rooms, Lisa also wanted to provide a place of community, where people could gather, share knowledge, take classes, and build relationships," says FTA founder and principal Frederick Tang.

Here, a low-slung custom bench crafted from white oak slats and copper detailing curves along two walls. Floating above, handmade ceramic pendants by Elsa Foulon, sourced from France, and orb sconces, sourced from Greece, add warm layers of light. Other elements, like terrazzo side tables and plush seating in boucle and velvet, can be easily moved to make way for large classes and gatherings. Walls are lime-washed in a soft cypress green, with wainscoting painted in a darker shade of the same hue. Throughout, saturated passages of color were inspired by the atmospheric work and color theory of artists like Wassily Kandinsky, Mark Rothko, and James Turrell.

"Color is powerful and we wanted to be strategic with its use," says Barbara Reyes, FTA's director of interiors. "The color green became the palette foundation, chosen for its ability to heal and create balance for your mind and body. A darker version of the green lime wash in the barrel vaulted halls was utilized to create intimacy for the patron—a transition before heading into treatment."

A long, wide corridor extends from the reception via an archway that mirrors the front windows. Painted deep green, the color shift—from light to more saturated—indicates a movement toward more intimate spaces: individual treatment rooms extend from either side of the hall. Uniquely, the corridor remains washed in natural light thanks to the original skylight above that rises through its middle; this serves as the nucleus of the space, from which all rooms radiate. "We turned the area below the skylight into a widened hallway, which we see as an atrium or courtyard around which the other programs are organized," says Tang. Taking a cue from the

skylight's rounded form, FTA also softened the hallway's corners and, in turn, the space's overall geometry.

Similarly, treatment rooms use soft, immersive washes of color to indicate program. Each receives a different gradient wallpaper that aids wayfinding ("make your way to the peach room"), personalizes experience, and points to personal transformation (from dark at the bottom to light at the top). "The gradient wallpaper is perfect for the treatment rooms because it signifies transformation," says Reyes. "The wallpaper's darkest point was placed at the floor base and the lightest point towards the ceiling, creating a color ascension from terracotta to pale peach or deep purple to pale pink, for instance. Plus, its slight iridescent quality offers a shimmer of light."

At the corridor's rear, a second archway opens into a back-of-house zone, where FTA has inserted a new office, herb dispensary, staff pantry, and bath. The existing kitchen was given a facelift with cabinets in a soft, desaturated green and a shimmering, hexagon tile backsplash whose color evokes sea mist. Elsewhere, pale pink accents signify good health, according to color psychology, while pale peach offers warmth and a sense of calm.

Project credits:

Interior Architecture and Design: Frederick Tang Architecture

MEP Engineer: TWIG

Furnishings and finishes by area:

Reception

- Lime Wash Paint in Cypress and Ritual by Color Atelier
- Hand-painted Elia wallpaper in Sundrench by Sarkos
- Custom designed white oak slatted millwork by AC Millwork with backrest and cushion, Kiev in Russet by Pollack
- Oval stone table with fluted base by Homary
Azalea Velvet Chair by CB2
- Discus Boucle Ottoman by TOV
- Terrazzo Solina Side Tables by Article
- Gianna Concrete Side table by TOV
- Jude Linear Brass Pendant by Capital Lighting
- French Handmade Enameled Ceramic Ceiling Lamp by Elsa Foulon from 1stDibs
- Virginia Opal Sconce from Light Cookie
- Infinity 12 Mirror Handcrafted in Portugal by Greenapple

Great Hall and Atrium

- Deliba Wall Sconce by Light Cookie
- Panos Ribbed Glass Sconce by Light Cookie

Treatment Rooms

- Bespoke Wallpaper in Mystic, Blushing, Ficus, Goldfinch, Wilderness and Snapdragon by Knoll
- Moreau Grey Veneer Ottoman by Lulu and Georgia
- Vera Ceramic Side Table by Urban Outfitters
- Hammered Brass Dome Pendant by CB2

Back of House

- Carmela Ribbed Pendant by Light Cookie
- Custom White Oak Shelves by AC Millwork and Brass Brackets by Vault
- Laundry Backsplash Division Ceramic tile from Tile Bar
- Classic Washer and Condenser Dryer by Asko
- Kitchen Backsplash Cascade Hex in Mist by Nemo Tile

Bathrooms

- Abel Brass Mirror by CB2
- Quarry textures checkerboard tile in Diablo Red and Adobe Brown by DalTile
- Brass Flush Mount by Possini
- Brinley Brass Mirror by Burke Decor
- Avery Brass and Cream Flush Mount by Mitzi
- Cascade Hex in Mist by Nemo Tile

Offices

- Landscape Wallpaper in Rose Quartz by Flat Vernacular
- Sayan Pendant by Lulu and Georgia
- Stockpile Curve Cabinet by Laura
- Hepburn 4 Light Pendant by Hunter