

Susanna Cots wins the German Design Awards with the Clínica Sant Josep interior architecture project.

The award recognises the emotional interior design that she applies in healthcare spaces

Interior architect Susanna Cots has won the prestigious German Design Awards, conferred by the German Design Council, for her Sant Josep Clinic interior design project. The clinic is the second-oldest healthcare centre in Manresa and is owned by the Althaia Foundation.

The winners were announced in Frankfurt last Friday and the Catalan interior designer's project was selected from among more than 1,500 candidates.

Emotional interior design applied to healthcare spaces

Susanna Cots thus consolidates her track record in the design of healthcare spaces on the basis of emotional development. "Science shows that we human beings are likely to model our mood depending on the objects that surround us. Our projects aim to literally transform what we feel in a healthcare space by articulating light, nature and design for comfort", she explains.

After many years studying the impact of interior design on the emotions, in 2017 Susanna Cots was finally able to associate science, design and the emotions at the XX National Congress of Psychiatry, where she proposed the study of design on the basis of scientific research to understand how it affects the senses.

"The emotions are running high when we enter a healthcare clinic. Our state of mind passes through several phases: worry, tiredness, joy and pain, and **the space must provide the sense of confidence and trust** to make us feel that we are in the right place", Susanna Cots says. "This can be achieved through the invisible design components, one of the most important of which is light but which also include the distribution and the colour white".

The emotional power of white

Lighting is one of the "invisible elements" that the Catalan designer cultivates. To her, it is the "great emotional modulator" and the key element in healthcare spaces.

She maintains that "light has the power to attenuate space and reduce feelings of uncertainty and, at the same time, forges a connection of mutual understanding between professionals or patients".

About Susanna Cots

Understanding complexity and making it simple and timeless: this is the maxim of interior architect Susanna Cots, who designs spaces in which the borders between contrasts become invisible and balance the components of a good design to prioritise comfort.

White as a concept, starting point and lifestyle. The emotions and the slow philosophy as the roots from which the essence of each project springs.

She is now a fully consolidated figure on the international scene with publications in more than 30 countries and awards such as "**Interior Designer of the Year**" (2017 Luxury Lifestyle Awards) and the "Award for Excellence" (2018 Lux Life Awards).

International recognition of Susanna Cots' work dates back to 2013 with the prestigious **Tops Awards** in China (Best International Interior Design) and with mentions in awards such as the SBID Awards of The Society of British Interior Design, Porcelanosa Interiors, ICFF New York and the FAD of Barcelona.

She set up her own studio in 2001 and is now based in the heart of the Empordà, in the province of Barcelona, and opened her first international branch in Hong Kong in 2014.

She began her most ambitious personal project in 2018 with **The Eleven House**, the brand she created to bring together design, art and culture. The project's first space is located in Peratallada, a medieval town in the heart of the Empordà.

About the German Design Awards

The German Design Awards, promoted by the German Design Council with the aim of discovering and rewarding unique design trends, are among the most prestigious international awards in the sector.

Outstanding projects in the categories of product design, interior architecture and design communication are rewarded each year, enabling the authors to consolidate their position on the market and to undertake new projects on the international design scene.

It took the 2020 German Design Awards design panel, composed of experts in design, science and communication, months of hard work to meet the awards' high standards and select the best projects from more than 5,000 candidates.

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